

After graduating, I spent 10 years working as a youth counselor. Along the way, I began sewing and designing waxed canvas and wool bags. I created the brand, Western Bound Goods, which is still thriving today.

After years of sewing, I needed to do something creative that required less repetition and precision. When I made my way into painting, my soul was craving a new way to express myself. Painting became a rebellion against the need for things to be “perfect” and a way to feel free. This feeling of freedom is something I strive to capture in my work.

In each piece, I experiment with finding balance, movement, and flow. I am an intuitive painter, often starting a painting with no plan and allowing the process to unfold. I work in acrylic paint, and use mark making and gestural brushstrokes to create energy and movement.